

**Colette Oakes – Specialist Occupational Therapist and Case Manager**

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**Tel – 07793 278558**

**Location – North West**

## **Professional Profile**

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I have over 25 years' experience working as an Occupational Therapist. I have specialised within Neuro Rehabilitation for 20 years. I have extensive specialist knowledge and skills in the assessment and treatment of patients with neurological conditions and complex needs. I am dedicated in providing excellent patient centred care and collaborative practice to achieve best outcomes. I have extensive experience in service and staff development, ensuring best clinical practice is afforded. I strive to engage, motivate, and empower people to achieve their goals and aspirations.

## **Employment**

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**March 2022 – Current**

**Green Owl Therapy**

### **Independent Occupational Therapist and Case Manager**

#### *Role Summary*

- Case management of adult and older clients with acquired brain injury/complex conditions.
- Completion of Immediate Needs Assessments and Case Management Reports.
- Effective relationship building with clients and their families.
- Coordination and facilitation of the provision of specialist therapies and services and subsequent regular reviews.
- Managing teams of therapists and support workers.
- Accessing funding through private and statutory avenues.
- Assessment and recommendation of services for neurology clients.

**January 2020 – Current**

**Wrightington, Wigan & Leigh NHS Foundation Trust**

### **Highly Specialist Occupational Therapist – Band 7 – Community Neuro & Stroke Team (CNST)**

#### *Role Summary*

- Specialist assessment & treatment of neurological patients, including complex presentations, specialist rehabilitation needs and chronic long-term conditions
- Maintain own significant clinical caseload and support interdisciplinary team (IDT) working across the service
- To provide leadership, teaching, training, managerial & clinical supervision of clinicians within their IDT working
- Promote collaborative working models within the IDT and multiagency partners
- Monitor and improve standards of care and practice
- Service development, project management & implementation of changes

**March 2007 – January 2020**

**Bridgewater Community Healthcare NHS Trust  
(Wrightington, Wigan & Leigh NHS Foundation trust)**

**Senior Occupational Therapist – Band 6 – Community Neuro Rehab Team (CNRT)**

*Role Summary*

- Management of clinical caseload – specialist assessment & treatment of patients with a neurological condition / complex needs
- Patient centred goal setting. Individual treatment plans and group work
- Specialist interventions including- cognitive rehabilitation, postural management, vocational rehabilitation, bobath / normal movement approach
- Managerial & clinical supervision of staff & students

**October 2004 – March 2007**

**Ashton, Leigh & Wigan PCT**

**Senior I Occupational Therapist – Neurosciences – Taylor Neuro Rehabilitation Unit (In-patient)**

*Role Summary*

- Clinical management of complex neurological in-patient caseload
- Key worker & Co key worker role
- Lead patient allocation meetings with IDT
- Organise and coordinate consultant led patient review meetings
- Coordination & delivery of in-service training
- Managerial & clinical supervision of staff & students
- Plan & coordinate effective & safe patient discharges

**January 2002 – October 2004  
Trust**

**Wrightington, Wigan & Leigh NHS**

**Senior II Occupational Therapist – Neurosciences**

*Role Summary*

- Rotational post – management of adult neuro caseload both in-patient and community
- Practice educator for students
- Organise and manage team meets, referrals meetings, patient case conferences
- Provide support & education to junior staff
- OT Student Advisor for the Trust

**September 2000 – January 2002**

**Wrightington, Wigan & Leigh Health Services NHS**

Senior II Occupational Therapist – Paediatrics

*Role Summary*

- Management of clinical caseload for children with physical, motor coordination and learning difficulties
- Service provision via community clinics, specialist schools and patient homes

**August 1998 – September 2000**

**Wigan & Leigh Health Services NHS Trust**

Basic Grade (Junior) Rotational post

- Rotational post covering – Elderly Mental Health, Neuro Rehab Unit, Paediatrics & Adult Mental Health

Qualifications & Professional Registration

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Oxford Brookes University (1995 – 1998)

BSC (Hons) Occupational Therapy Degree (2:1)

RCOT & RCOT SSNP – Royal College of Occupational Therapy & Specialist Section Neurological Practice

HCPC – Health & Care Professions Council

CMSUK – Case Management Society UK

Relevant Post Graduate Training

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- Mandatory Training 100% compliance
- Accredited Wheelchair Assessor – (1999)
- Practice Educator Course – (1999)
- Bobath Introduction Course – (2004)
- Bobath – Assessment & Treatment Principles – (2005)
- Introductory Cognitive Behavioural Therapy for working with Stroke – (2011)
- Embedding a Vocational Rehabilitation Approach – (2017)
- Life after stroke – (2018)
- Brain Tree Training – Cognitive Rehabilitation (2018)
- Spasticity – Posture, Positioning & Orthotics (2021)
- Allergan Functional Anatomy & Botox (2022)
- Brain Injury & Addiction (2022)

- Coaching Skills (2022)
- Ashton's Case Management Conference (March 2022)
- Functional Neurological Disorder (March 2022)
- National Brain Injury Conference (July 2022)
- Leigh Day Conference – From Roadside to Rehab. Exploring Brain Injury Pathways (November 2022)
- Abbvie - Connecting the Dots in Neurological Disorders. Maintaining momentum in post stroke spasticity management for upper limb (November 2022)
- Safeguarding Adults and Children Level 3 – Sayers Social Care Consultancy (January 2023)
- ACT - Acceptance & Commitment Therapy Level 1 & 2 – Greater Manchester Network (April & November 2023)
- Vestibular function, Impairment & Rehabilitation Awareness – Wrightington, Wigan & Leigh NHS (May 2023)
- Accredited Wheelchair Prescriber Update Training - Wrightington, Wigan & Leigh NHS (June 2023)
- Upper Limb Rehabilitation in Neurology - Wrightington, Wigan & Leigh NHS (August 2023)
- Cognitive & Communication Impairments in Neurological Rehabilitation - Wrightington, Wigan & Leigh NHS (October 2023 – Co-written and co-delivered by Colette Oakes – Highly Specialist Neuro Occupational Therapist)
- Rehabilitation in Catastrophic Injury Claims – An insurers perspective – CMSUK Webinar (November 2023)
- Vocational Rehabilitation update training - Wrightington, Wigan & Leigh NHS (November 2023)
- Surgical Appliances Training Update - Wrightington, Wigan & Leigh NHS (December 2023)
- Allard Uk Elements Body Lycra Training – Patient Selection & Intended Use (December 2023)
- Advanced Communication Skills Training - Wrightington, Wigan & Leigh NHS (December 2023)
- Enabling Participation Through Everyday Technology – CMSUK Webinar (December 2023)
- Visual Impairment in Neurology & Stroke - Wrightington, Wigan & Leigh NHS (January 2024)
- Video Vector Gait Labs optimising orthotic outcomes and rehabilitation – CMSUK Webinar (January 2024)
- Goal setting for Quality of Life – CMSUK Webinar (January 2024)
- Mental Capacity Training – Wrightington, Wigan & Leigh NHS Trust (March 2024)
- Courage & Curiosity Conference – 2 days – CMSUK (14<sup>th</sup>, 15<sup>th</sup> March 2024)
- Sex, relationships, consent & capacity – CMSUK Webinar (April 2024)
- ACT – Acceptance & Commitment Therapy – An Introduction for beginners – Co-written and co-delivered (with Neuropsychology) - Colette Oakes – Highly Specialist Occupational Therapist (April 2024)